



General Treatment & Dosage Guide

This Guide gives general guidelines for treatment and dosage. Each person and their condition is different, so there may be some variance based on these factors and a person’s lifestyle and schedule. Please consult the included Quick Setup Guide or manual of each module for assembly, programming, warnings, warranty, disclaimers and other information.

There are two phases of treatment, the Initial Phase and the Maintenance Phase:

- The Initial Phase is more “aggressive” in order to eliminate or greatly minimize your sweating. This phase is approximately 10 treatments per body area, although this varies per person (it may be shorter or longer). A person may treat each area as often as once a day to complete this stage faster, or may choose to treat every 2-3 days as their preference or schedule allows. Treating more often than once a day is generally not considered to be any more beneficial.
- Once a person has reached a satisfactory level of “normal” sweating, they may proceed to the Maintenance Phase, which is much less time-consuming. Most people find that one treatment per body area a week is sufficient to “maintain” or keep their excessive sweating from returning, although this varies per person as well. (Some can go 10-14 days without treatment, and others may have to treat twice a week, but a once a week schedule is easy to establish as a routine, and it is a good starting point.)

Note: Iontophoresis does not completely eliminate sweating; perspiration is an important and necessary bodily function, and it is normal to sweat during certain circumstances, such as exercise and heat.

Treatment voltage varies per person based on many factors. We recommend moving the voltage up as tolerated and keeping the other settings as specified, unless otherwise noted:

Area	Voltage	For DVP1000	For DP450	Time
		Pulse-width (P)	Pulsed Current	
Hands	As tolerated	90	ON (P=50)	15
Feet	As tolerated	100	OFF (P=100)	15
Underarms and Face*	8	70	ON (P=50)	15
Chest/back/neck	As tolerated	70	ON (P=50)	15

**Proceed with caution when treating above 15 volts for axillary and facial treatments, as the skin is sensitive in these areas. Increase voltage in small increments (1-2 volts at a time) per session and monitor skin for irritation.*

If a person cannot tolerate the factory preset voltage for a specific area, then it is advisable to decrease the pulse-width in increments of 10 (only applicable to the DVP1000 model). They may then see if they can tolerate more voltage after decreasing the pulse-width.

Note: It is often helpful to apply petroleum jelly to cuticles and small cuts or scrapes

Once a person is in the Maintenance Phase, they *may* be able to decrease the treatment duration and possibly even voltage to maintain their current outcome, but some experimenting will help determine if this is possible.