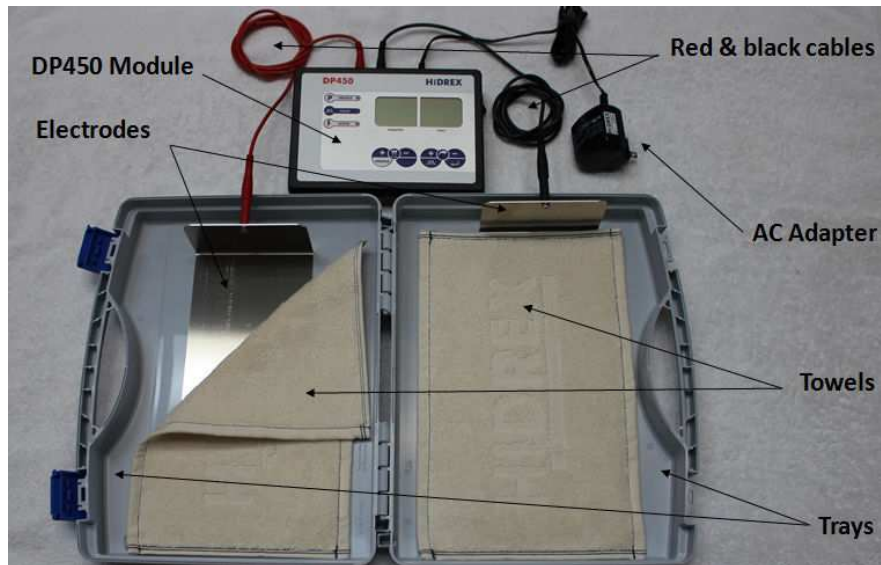


H^{USA}DREX

Quick Setup Guide for Hidrex DP450 for Hand or Foot Treatment Only (see manual for other treatment areas)

This Quick Set Up Guide is for basic programming instructions only. Please consult manual for full set up, all programming, all warnings, warranty, disclaimers and other information.




Assembly Instructions


1. Plug the AC adapter cable into the Hidrex DP450 module and then place the module on a firm level surface within reach of an AC wall outlet.
2. Plug one end of the red and black cables into the color-coded jacks on the module and the other end of each cable to the color coded connectors on the electrodes (metal plates). Be sure to push the connectors on firmly.
3. Place an electrode into each side of the provided case that the module and accessories were packaged in (or in separate treatment trays if purchased).
4. **Cover each electrode with the provided towels.**
5. **Be sure to remove all metal jewelry/objects from the areas to be immersed in water.**
6. Fill both trays or case sides with enough tap water to cover the skin area to be treated. (the back of the hands and top of the feet should NOT be covered with water.)
7. Plug the AC adapter into the wall outlet.



Instructions for Set Up Mode

1. Turn the module on with the switch on the right side of the module. The display will show flashing bars for approximately 5 seconds, and then indicate that the module is in Set Up Mode with the following display:




(If no button is pressed for approximately 6 seconds or if the  button is pressed, then the display will automatically switch to Programming Mode)





2. Press the  button to toggle between the preset profile (or the most recent time and dose settings) and manual mode (LED for the PROFILE) icon to the left of the display will light up when in preset profile).

3. Press the  button to toggle between pulsed current and direct current (LED for the PULSE icon will light up when in pulsed current.) Pulsed current offers more comfort, but may require longer treatments; direct current offers more power, but is more effective, and may allow shorter treatments.
4. After making any desired changes in the above steps, press the  button to enter Programming Mode to set the time and voltage desired for your treatment session. Once you enter Programming Mode, the only way to return to Set Up Mode is to turn the module off and then back on.

Quick Programming instructions for Programming Mode

After the  button is pressed in step 4 above, the unit will be in Programming Mode and the display will show minutes set for the session on the left and voltage set on the right. The following image shows 15 minutes of treatment time at 20 volts:




1. To change the treatment settings (duration and voltage), press the  or  buttons to increase or decrease minutes desired (from 0 to 60 minutes), and the  or  buttons to increase or decrease voltage desired (from 0 to 60 volts).

| Factory Preset for Profile: | | |
|-----------------------------|-------------|----------------|
| <i>Pulsed Current</i> | <i>Time</i> | <i>Voltage</i> |
| OFF | 15 | 0 |

In order to avoid skin irritation by excessive dose settings in pulsed mode (when current can be imperceptible), it is recommended that you assess your individual direct current thresholds before you start the first treatment session. To conduct axillary treatments, the dose should not be raised above 15 because the sensitive skin may otherwise get burnt.

2. **After checking again that all metal jewelry/objects are removed** from the areas being treated, place both hands or feet into the trays.

Once the hands or feet are immersed, the LED for the  icon will light up to indicate that treatment has started. The numbers on the right will start at 00 and then increase until the voltage reaches the selected level. The image below shows an example of the initial display with a 15 minute duration:



3. Once the treatment time is expired, the voltage will automatically decrease to 0 and you may remove your hands or feet and turn the device off.

If you wish to stop treatment BEFORE time expires, simply remove hands or feet from tray. Do NOT turn the device OFF first, which would disable the ASE[©] (Anti-Shock Electronics) that prevents possible safe, but uncomfortable shocking from occurring.

All settings that were configured for the profile will be saved for the next treatment session of the same type.

Please refer to manual for setting device up for axillary (underarm) or facial treatment.