

# Quick Setup Guide for Hidrex DP450 for Axillary (underarm) Treatment

(see manual for other treatment areas)

This Quick Set Up Guide is for basic programming instructions only. Please consult manual for full set up, all programming, all warnings, warranty, disclaimers and other information.



#### **Assembly Instructions**

- 1. Plug the AC adapter cable into the Hidrex DVP1000 module and then place the module on a firm level surface within reach of an AC wall outlet.
- 2. Plug one end of the red and black cables into the color-coded jacks on the module and the other end of each cable to the color coded connectors on the electrodes (metal plates). Be sure to push the connectors on firmly.
- 3. Soak the axillary pads pad in warm tap water. (One minute should be sufficient.)

### NOTE: IT IS IMPORTANT TO DIVIDE THE TREATMENT SESSION IN HALF SO THAT THE PADS CAN BE RE-SOAKED IN THE MIDDLE OF THE TOTAL SESSION

- 4. Place an electrode into the pouch on each axillary pad.
- 5. Plug the AC adapter into the wall outlet.
- 6. Be sure to remove all metal jewelry/objects from the areas to be treated.

#### **Instructions for Set Up Mode**

1. Turn the module on with the switch on the right side of the module. The display will show flashing bars for approximately 5 seconds, and then indicate that the module is in Set Up Mode with the following display:



(If no button is pressed for approximately 6 seconds or if the button is pressed, then the display will automatically switch to Programming Mode)

2. Press the button to toggle between the preset profile (or the most recent time and dose settings) and manual mode (LED for the PROFILE) icon to the left of the display will light up when in preset profile).

- 3. Press the button to toggle between pulsed current and direct current (LED for the PULSE icon will light up when in pulsed current.) Pulsed current offers more comfort, but may require longer treatments; direct current offers more power, but is more effective, and may allow shorter treatments.
- 4. After making any desired changes in the above steps, press the button to enter Programming Mode to set the time and voltage desired for your treatment session. Once you enter Programming Mode, the only way to return to Set Up Mode is to turn the module off and then back on.

#### **Instructions for Programming Mode**

After the button is pressed in step 4 above, the unit will be in Programming Mode and the display will show minutes set for the session on the left and voltage set on the right. The following image shows 15 minutes of

treatment time at 20 volts:



1. To change the treatment settings (duration and voltage), press the or buttons to increase or decrease minutes desired (from 0 to 60 minutes), and the or buttons to increase or decrease voltage desired (from 0 to 60 volts).

Factory Preset for Profile:		
Pulsed Current	Time	Voltage
OFF	15	0

In order to avoid skin irritation by excessive dose settings in pulsed mode (when current can be imperceptible), it is recommended that you assess your individual direct current thresholds before you start the first treatment session. To conduct axillary treatments, the dose should not be raised above 15 because the sensitive skin may otherwise get burnt.

2. After checking again that all metal jewelry/objects are removed from the areas being treated, place axillary kits under the arms.

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Once the pads are under both arms, the LED for the (ACTIVE) icon will light up to indicate that treatment has started. The numbers on the right will start at 00 and then increase until the voltage reaches the selected level. Voltage cannot be changed while the ACTIVE icon is lit.

3. Once the treatment time is expired, the voltage will automatically decrease to 0 and you may remove your hands or feet and turn the device off.

If you wish to stop treatment BEFORE time expires, simply remove the axillary kits from underarms and set them down. Do NOT turn the device OFF first, which would disable ASE<sup>©</sup> (Anti Shock Electronics) that prevents possible safe, but uncomfortable shocking from occurring.

All settings that were configured for the profile will be saved for the next treatment session of the same type. Please refer to manual for setting device up for hands, feet or facial treatment.